



Savannah Neuropsychology & Behavioral Sleep Medicine

Location: 450 Mall Blvd. Suite E Savannah GA. Phone: (912)-349-4055 Fax: (912)-244-6500

Clinical Neuropsychology Postdoctoral Residency

Table of Contents (Sections are hyperlinked)

Program overview	2
Applicant qualifications	2
Required materials	2
Application timeline.....	2
Stipend	2
Clinical training and supervision	2
Outpatient neuropsychological evaluations	2
Assessment and treatment planning.....	3
Intervention and consultation	3
Supervision and mentoring	3
Competencies and professional development	3
Clinical competence and professional identity.....	3
Understanding brain behavior relationships.....	3
Scholarly activity.....	4
Evaluation and feedback.....	4
Preparation for independent practice.....	4
Didactic curriculum	4
Core knowledge domains.....	4
Foundations and assessment	4
Clinical conditions and interventions.....	4
Professional practice and ongoing learning	4
Behavioral sleep medicine.....	5
Sleep and neuropsychological functioning	5
Common clinical concerns.....	5
Assessment and referral.....	5
Behavioral interventions.....	5
Format and learning goals.....	5
Goals for the Program	6
Postdoctoral Education and Training Goals.....	6
General Program Goals	6
Clinical Neuropsychology	6
About Savannah Neuropsychology	7
Comprehensive assessment.....	7
Practical recommendations and coordinated care.....	8
A clinical environment for advanced training.....	8
Program Profile.....	8
Training Activities	8
First year.....	9
Second year.....	9

Program overview

The postdoctoral residency at Savannah Neuropsychology Inc. (SNP) provides advanced training for psychologists pursuing specialty practice in clinical neuropsychology. The two-year program integrates supervised clinical services, didactic instruction, and scholarly activity to develop the knowledge, judgment, and skills needed for independent practice.

The residency is designed to align with the Houston Conference Guidelines and the training specifications of the American Board of Professional Neuropsychology. It supports preparation for specialty board certification, including pathways through ABN and ABPP.

Approximately 80% of residents' time is devoted to clinical services. Educational experiences, training activities, and research account for the remaining 20%. Board-certified neuropsychologists provide primary clinical supervision.

Applicant qualifications

Applicants must be on track to complete all doctoral degree and internship requirements before the residency begins. Graduates of APA- or CPA-accredited clinical psychology programs and internships are preferred. Prior training in neuropsychology is required.

SAVANNAH NEUROPSYCHOLOGY posts the postdoctoral position on our webpage:
www.SavannahNeuropsychology.com

Required materials:

- Application
- Letter of interest
- Curriculum vita
- 3 letters of recommendation
- 2 sample neuropsychological reports

Please email Required Materials to Drpedigo@savannahneuropsychology.com

Application timeline

Applications are accepted through January 15 each year. Interviews are offered as applications are reviewed and candidates are determined to meet program criteria. Offers are made in February or early March. If positions remain open, additional applications may be considered until those positions are filled.

Stipend

The starting stipend is \$50,000, beginning at the start of the residency.

Clinical training and supervision

Outpatient neuropsychological evaluations

Residents complete four to five outpatient evaluations per week. Referrals come from internal and external sources, most commonly for cognitive decline and attention concerns. Additional referrals involve diagnostic clarification of medically related concerns and autism spectrum disorders.

Clinical presentations include dementia, stroke, multiple sclerosis, epilepsy, traumatic brain injury, learning disabilities, genetic and metabolic disorders, and childhood developmental disorders. Residents also gain experience differentiating cognitive difficulties from psychological contributors to a patient's presentation.

Assessment and treatment planning

Training develops skills in clinical interviewing, diagnostic classification, case formulation, neuropsychological testing, report writing, feedback, and treatment planning. Residents are expected to enter with a solid foundation in the administration and scoring of common neuropsychological measures.

As residents progress, supervision shifts from administration and scoring toward interpretation, case conceptualization, and the translation of findings into practical recommendations. By the end of training, residents are expected to integrate complex data, formulate diagnostic considerations, and develop individualized treatment plans with increasing confidence and independence.

Intervention and consultation

Residents receive training in individual psychotherapy, medical adjustment counseling, biofeedback, and cognitive rehabilitation. Training emphasizes appropriate evidence-based interventions, collaborative treatment goals, and monitoring of progress. Close initial supervision supports the development of greater clinical judgment and autonomy with increasingly complex cases.

Consultation experiences involve mental health and medical professionals, community organizations, referral sources, and other professionals involved in patient care. Residents develop responsive, collegial relationships and assume greater independence in clinical discussions as their skills advance.

Supervision and mentoring

Residents participate in face-to-face individual and group supervision with board-certified neuropsychologists. Additional interdisciplinary training exposure includes neurologists, internal medicine physicians, and advanced practice nursing professionals at participating sites.

When opportunities are available, residents receive supervised experience mentoring graduate trainees interested in neuropsychology and undergraduate students seeking observation and clinical exposure. Training addresses the theory, techniques, research, and ethical responsibilities of supervision.

Competencies and professional development

Clinical competence and professional identity

The residency is designed to develop advanced competence in neuropsychological evaluation, treatment, and consultation sufficient for independent specialty practice. Residents are expected to use supervision actively, reflect on their clinical work, and demonstrate increasing awareness of their attitudes, interpersonal responses, and role as clinicians.

Professional development emphasizes respectful interactions, teamwork, ethical reasoning, leadership, advocacy, and involvement in the profession. Through didactic instruction and professional role models, residents develop a more consolidated professional identity and assume greater responsibility for clinical and administrative practices.

Understanding brain behavior relationships

Clinical cases, case conferences, and didactic seminars develop an advanced understanding of brain-behavior relationships. Residents learn to integrate neuroscience, clinical history, behavioral observations, and assessment findings into coherent formulations that inform patient care.

Scholarly activity

Residents review current literature and learn to evaluate the application of research findings to clinical practice. By the end of the fellowship, they are expected to apply relevant research with increasing independence and confidence.

The practice emphasizes clinical training and does not routinely conduct original research. Archival research opportunities are available and encouraged. Residents are expected to submit an original article for publication, such as a case study or literature review. Scholarly activities may also include presentations, grant proposals, or outcome assessment.

Evaluation and feedback

Residents receive formal evaluations every quarter, with feedback and opportunities to address areas requiring improvement. Competency evaluation addresses advanced clinical skills, understanding of brain-behavior relationships, and scholarly activity.

Preparation for independent practice

Program goals include completing the education and training needed for independent specialty practice, eligibility for state or provincial licensure or certification in psychology, and preparation for board certification in clinical neuropsychology through ABPP, ABN, or ABCN.

Didactic curriculum

The curriculum combines readings, online learning, case discussion, and applied clinical training. The specific sequence is developed with each resident and staged across the 24-month fellowship. Identified gaps in the core knowledge domains are addressed during the first year.

Core knowledge domains

The program identifies the following core domains in relation to ABN board preparation: neuroanatomy, neurological disorders, psychiatric disorders, neuroimaging, neuropathology, neuroscience, neurochemistry, psychometrics, brain-behavior relationships, and neuropsychological assessment.

Foundations and assessment

- Overview of neuropsychology and the didactic series
- Neuropsychological interviewing and report writing
- Psychological assessment
- Neuroanatomy, including virtual brain dissection and review of the cortex, white matter, and major cortical and subcortical networks

Clinical conditions and interventions

- Stroke, cardiovascular conditions, dementias, and corticobasal degeneration
- Childhood attention disorders, autism spectrum disorders, and learning disabilities
- Depression, anxiety, bipolar disorder, trauma, and substance use
- The influence of psychopathology on neuropsychological functioning
- Psychopharmacology, neuropsychological interventions, and psychological interventions

Professional practice and ongoing learning

- Ethics and open discussion of professional issues
- Culture, gender, and sexual orientation in clinical care

- Clinician case presentations and neuropsychology grand rounds
- Assigned book readings, journal club, and National Academy of Neuropsychology (NAN) article reviews
- Prepared online training through NAN

Behavioral sleep medicine

Residents receive an overview of behavioral sleep medicine and the relationship between sleep, cognition, emotional functioning, and neurological health. This interdisciplinary area of practice uses behavioral, psychological, and evidence-based approaches to assess and treat sleep-related difficulties. During the two year fellowship residents are supervised and trained upon state licensure to become Basic Certified in Sleep Medicine (Cognitive Behavioral Therapy for Insomnia) and upon further training a Diplomate in Behavioral Sleep Medicine through the Board of Behavioral Sleep Medicine (BBSM).

Sleep and neuropsychological functioning

Training examines how sleep disturbance may contribute to or complicate neuropsychological presentations. Particular attention is given to its potential effects on attention, processing speed, memory, executive functioning, mood regulation, and daily functioning, as well as the interpretation of neuropsychological findings.

Common clinical concerns

Residents are introduced to insomnia, circadian rhythm sleep-wake disorders, hypersomnolence, sleep-disordered breathing, parasomnias, and sleep disturbance associated with medical, neurological, and psychiatric conditions.

Assessment and referral

Training covers clinical sleep interviewing, sleep habits and routines, sleep diaries, standardized sleep questionnaires, and relevant medical, psychiatric, behavioral, and environmental factors. Residents also learn to recognize indications for specialized sleep evaluation, polysomnography, or consultation with sleep medicine professionals.

Behavioral interventions

The curriculum provides an overview of evidence-based behavioral interventions, with particular emphasis on cognitive behavioral therapy for insomnia (CBT-I). Exposure may include stimulus control, sleep restriction or compression, cognitive interventions, relaxation strategies, circadian-based approaches, behavioral scheduling, and individualized sleep recommendations.

The aim is to help residents understand how sleep-related assessment and intervention can inform broader neuropsychological treatment planning while remaining within their level of training and competence.

Format and learning goals

Instruction includes didactics, case discussion, and supervised clinical experiences when appropriate. Residents develop skills in recognizing clinically significant sleep concerns, incorporating sleep information into case conceptualization, and making appropriate treatment recommendations and referrals.

Goals for the Program

Postdoctoral Education and Training Goals

The education and training goals of our Postdoctoral Training Program intends to prepare clinical psychologists for professional practice and provide them with advanced specialty level training. Postdoctoral residents are provided training in areas required for general and specialty credentialing. These include: (a) diagnosing or defining problems through psychological assessment and formulation; (b) implementing psychological interventions; (c) consultation, program evaluation, supervision; (d) methods of scholarly inquiry and research; (e) professional issues and conduct, including legal issues, ethics, and professional standards; and (f) issues of diversity. Our program goals are:

General Program Goals

Goal #1: Ensure skills prerequisite to advanced training in Clinical Neuropsychology. These prerequisites are as follows: (a) basic knowledge of normal and abnormal brain-behavior relationships, (b) basic interviewing; (c) basic skills to conduct new patient evaluations and formulate cases using a comprehensive understanding of functional neuroanatomy, clinical neurology, and clinical psychology; (d) comprehensive knowledge and critical thinking concerning the nature and course of brain disorders and psychopathologies, key theoretical models, and the empirical literature; (e) basic skills in psychological assessment (including administration, scoring, interpretation, and preparation of written reports).

Goal #2: Obtain substantial experience and develop a high level of expertise in the conduct of Clinical Neuropsychological evaluations, in differential diagnosis, and in case formulation based on contemporary clinical practice.

Goal #3: Obtain substantial experience and develop a high level of expertise in broad assessment techniques.

Goal #4: Become highly competent and capable of independent and systematic understanding of neuropsychological literature and inquiry in pursuit of specialization in the field.

Clinical Neuropsychology

Goal #1. Ensure skills prerequisite to advanced training in Clinical Neuropsychology. These prerequisites are as follows: (a) basic knowledge of normal and abnormal brain-behavior relationships, (b) basic interviewing; (c) basic skills to conduct new patient evaluations and formulate cases using a comprehensive understanding of functional neuroanatomy, clinical neurology, and clinical psychology; (d) comprehensive knowledge and critical thinking concerning the nature and course of brain disorders and psychopathologies, key theoretical models, and the empirical literature; (e) basic skills in psychological assessment (including administration, scoring, interpretation, and preparation of written reports).

Objectives

1. Based on a review and discussion of each 's previous course work, clinical practicum and internship training experiences, and personal comfort with knowledge/expertise in areas pertinent to Clinical Neuropsychology, an initial training plan will be developed. This plan will be a collaborative effort of the postdoctoral resident.
2. In areas where greater experience or knowledge is believed to be necessary prior to more advanced and autonomous training experiences, opportunities will be provided for the resident to (1) observe others conducting evaluations or psychological assessments, (2) read key references in designated areas, (3) observe case presentations at team meetings and case conferences, or (4) attend relevant seminars or courses.

Goal #2. Obtain substantial experience and develop a high level of expertise in the conduct of Clinical Neuropsychological evaluations, in differential diagnosis, and in case formulation based on contemporary clinical practice.

Objectives

1. Each resident will be scheduled for a minimum of two weekly evaluations in the Neuropsychology Division [NB - this is a minimum to ensure clinical competency; typical case loads are 4-6 cases per week].
2. Residents will discuss interviews and initial case formulations with a clinical supervisor prior to completing the case formulation, written report, and feedback to the patient and family. This discussion will initially occur immediately following the interview, allowing for follow-up questions, clarifications, or direct supervisor involvement with the patient. As residents demonstrate increased clinical sophistication, initial case formulation and report writing may occur before formal case supervision.
3. Residents will write reports of their evaluations in a timely manner, obtaining written or verbal feedback on the evaluation reports from a licensed clinical psychologist.
4. Residents will attend weekly case conferences and present evaluation data and case formulations in this multidisciplinary setting several times during each training year. This will enable multidisciplinary consultation, case discussion, or recommendations for patient care as appropriate.
5. Residents will attend and participate in weekly team meetings. Residents will present clinical case data in these meetings as time allows.

Goal #3. Obtain substantial experience and develop a high level of expertise in broad assessment techniques.

Objectives

1. Each resident will be scheduled evaluations with a broad age range of patients, from children to elderly adults, with a broad range of disorders.
2. Each resident will become highly skilled in selecting, implementing, scoring, interpreting, and communicating findings from a broad array of psychological assessment instruments, including experience in each of the following assessment domains:
3. Each resident will receive individual supervision on the assessment with a licensed clinical psychologist. This supervision will occur before the evaluation report is finalized and feedback is given to the patient and family, if appropriate.

Goal #4. Become highly competent and capable of independent and systematic understanding of neuropsychological literature and inquiry in pursuit of specialization in the field.

Objectives

1. A resident may have the opportunity to participate in research projects or professional presentations
2. Each resident will be responsible to read scientific literature specific to unique cases, postdoctoral seminars, neurological conditions, or engage in other professional development activities throughout the duration of the training program.

About Savannah Neuropsychology

Savannah Neuropsychology Inc. is a specialty clinical practice in Savannah, Georgia, dedicated to the evaluation and treatment of cognitive, psychological, emotional, and behavioral concerns. The practice serves adolescents, adults, and older adults, with an emphasis on the relationship between brain functioning, behavior, emotional health, and everyday functioning.

Comprehensive assessment

Clinical services include neuropsychological and psychological assessment, cognitive wellness services, counseling, and cognitive interventions. Evaluations examine attention and concentration, learning and memory, language, visuospatial functioning, processing speed, executive functioning, intellectual abilities, academic skills, and, when appropriate, sensorimotor functioning.

Personality, behavioral functioning, and social-emotional development are assessed when clinically indicated. Findings are integrated with interviews, relevant medical and psychological history, available records, and collateral information to develop a comprehensive understanding of each individual's functioning.

Practical recommendations and coordinated care

Patients and referral sources receive individualized feedback and a comprehensive report that translates assessment findings into practical recommendations. These may include cognitive strategies, supportive counseling, behavioral interventions, cognitive rehabilitation or preservation strategies, and education about lifestyle factors that influence cognitive and emotional health.

The practice emphasizes interdisciplinary collaboration. Evaluations assist physicians and other healthcare professionals with differential diagnosis, treatment planning, and management of complex presentations. Findings and recommendations are communicated with physicians, schools, families, and other professionals when appropriate to support continuity of care and meaningful interventions in daily life.

A clinical environment for advanced training

The residency reflects the practice's commitment to individualized, evidence-based care. Through supervised clinical work, didactic instruction, case discussion, and interdisciplinary collaboration, residents develop advanced skills in assessment, case conceptualization, interpretation, feedback, consultation, and treatment planning.

Savannah Neuropsychology's mission is to help patients and families better understand cognitive and psychological functioning and identify practical strategies that support daily functioning, cognitive health, emotional well-being, and quality of life.

Program Profile

Trainees are required to have a doctoral degree in one of the health service areas of psychology (clinical, counseling, school, clinical neuropsychology, health psychology) or a doctoral degree in psychology with additional completion of a "respecialization" program designed to meet equivalent criteria as a health services delivery training program in psychology.

Trainees are required to have completed an APA or CPA accredited internship program or an equivalent internship and be eligible for listing in the National Register with specialized training in neuropsychology, and

Trainees are required to meet eligibility criteria for board certification by the American Board of Professional Neuropsychology, the American Board of Pediatric Neuropsychology or the American Board of Professional Psychology-Clinical Neuropsychology at the time of exit from the training program.

1 ABN board-certified neuropsychologist and one other licensed psychologist with board certification in behavioral sleep medicine at provide primary and secondary clinical supervision for the residents. All work is completed in our multidisciplinary outpatient clinic. Rotations available include Behavioral Sleep Medicine, Neurology (Georgia Memory Network), internal medicine, and community forensics. Populations vary, including the potential to work with adults and children with a variety of presenting concerns (e.g., ADHD, autism, anxiety, depression, visuospatial deficits, auditory processing difficulties, executive functioning concerns, and forensic competency).

Training Activities:

- Clinical case conference with assessment team, behavioral health team, occupational therapists, and speech therapists (1 hour per week)

- Clinical case conference specifically with assessment team (1 hour per week) This is functionally a college group supervision time for consultation, discussing clinical matters, trends in the field, new tests, etc.
- Training seminar (1 hour per week)
- How many hours per week do trainees spend in providing professional psychological services? Please document the hours per week and percentage of time spent in providing each service.
- First year:
 - 5 hours per week in joint intakes (with supervisors)
 - 15 hours per week in direct assessment (approximately, varying length of appointments by case, usually 3 hours at 5 cases per week)
 - 5 hours per week in joint feedbacks (with supervisors)
 - Remaining time available for psychometry (e.g., scoring) and report writing
- Second year:
 - 6 hours per week in independent intakes
 - 18 hours per week in direct assessment (approximately, varying length of appointments by case, usually 3 hours at 6 cases per week)
 - 6 hours per week in independent feedbacks
 - Remaining time available for paperwork/report writing